

SUMMER CAMP



LUNCH MENU

Monday

Hamburger or Vegetable Burger
Mixed Salad
Rice Krispy Square
Whole Fruit & Drink Box

Tuesday

Grilled Cheese on Whole Wheat
Veggie & Dip
Homemade Brownie
Whole Fruit & Drink Box

Wednesday

Baked Penne with Meat Sauce
Garlic Bread
Mixed Salad
Chocolate Cookies
Whole Fruit & Drink Box

Thursday

Turkey Sandwich or Sub
Salad Bar
Dessert
Whole Fruit & Drink Box

Friday

Pepperoni or Cheese Pizza
Mixed Salad /Vegetable Sticks
Freezie
Whole Fruit & Drink Box

Substitutions

Mac & Cheese with Spinach
Baked Chicken Nuggets
Bagels and Cream Cheese



Vegetarian
options available

Dear Parent,

In an effort to help children make healthier choices, we developed a menu with **NO** fried options! Our entire menu is baked in the oven, beverages are low sugar and meals are portion controlled and prepared with significantly less fat. We are committed to feeding your child healthy choices to fit their lifestyle.

4 Days

\$37.50 (plus tax) per week

5 Days

\$40 (plus tax) per week

***Upgrade with an additional entrée for
\$3.50 (plus tax) per day**



Despite our best efforts for a nut-free environment, some of our creations may be exposed to nuts. Please ask our Chef if you're unsure if something is safe to try!