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THE NEW
CENTRE FOR FOOD.**

Durham College Alumni Magazine

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Reflections

MESSAGE FROM THE PRESIDENT

ALUMNI ASSOCIATION



As president of the Alumni Association, convocation is an especially exciting time for me because it brings a sweet sense of nostalgia as I recall my own convocation and the great sense of accomplishment I felt upon receiving my diploma.

This year as we welcome more than 4,000 new graduates to the Alumni Association, we are reminded of the common bond we share. The

education and experiences gained at Durham College have prepared us well for success in our chosen fields. As those new grads cross the stage to accept their diploma or certificate they are also welcomed into a community 60,000 members strong. I encourage all of our new graduates to become an active member of the Alumni Association.

The first step is to take the time to email the Alumni Office with your contact information so we can continue to let you know about the great initiatives taking place on campus and throughout our alumni community. Our address is alumni@durhamcollege.ca.

As a member of the Durham College Alumni Association, you are entitled to many exclusive perks: discounts on events and attractions like Canada's Wonderland, the Hockey Hall of Fame and the Sony Centre, and deals at businesses like Casey's, Softmoc and the Canadian Automobile Association.

Members also have access to Perkopolis, a website that offers discounts on everything from movie and theatre tickets to sporting events, zoos, museums, boat cruises, restaurants and hotels.

For a complete list of alumni benefits, visit our Alumni Association web page: www.durhamcollege.ca/info-for/alumni. To benefit from our exclusive deals through Perkopolis, go to the Perkopolis website (www.perkopolis.com) and register as a member using the code DCAA.

Be sure to also join our Alumni Facebook page at [facebook.com/durhamcollegealumni](https://www.facebook.com/durhamcollegealumni). Our page is growing more each day and it's a great way for you to share and connect with your fellow graduates and receive the most up-to-date information about events and activities taking place among our membership.

You can also share your information by posting an update in Reflections magazine – which has been newly redesigned by third-year Graphic Design student Zamir Visram. This year not only marked the college's 45th anniversary, it also marked the 20th year our Public Relations students have produced Reflections, which focuses on telling our stories. Each of us has our own success story to share and we'd love to hear from you to learn about yours. Stay connected. Our door is always open.

Cheers,

Lillian Jacoby
Legal Administration, class of 1976
President, Durham College Alumni Association

REFLECTIONS

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Reflections is written and edited by Durham College Second-Year Public Relations Students.

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Former Durham administrator and professor Bill Swan, author of *Fourteen and Sentenced to Death* and *Convicted for Being Mi'kmaq*

REAL JUSTICE CONVICTED FOR BEING MI'KMAQ

THE STORY OF DONALD MARSHALL JR.



My name is Donald...

...and I was a 17-year-old Mi'kmaq teen who spent 11 years in prison for a crime I didn't commit

... BILL SWAN ...

REAL JUSTICE: FOURTEEN AND SENTENCED TO DEATH

THE STORY OF STEVEN TRUSCOTT



My name is Steven...

...and I was an innocent 14-year-old, who was sentenced to hang for a crime I didn't commit.

... BILL SWAN ...

WRITING Wrongs

BY KAITLIN KEEFER

“AND UPON THAT DAY AND DATE YOU BE TAKEN TO THE PLACE OF EXECUTION, AND THAT YOU THERE BE HANGED BY THE NECK UNTIL YOU ARE DEAD. MAY THE LORD HAVE MERCY UPON YOUR SOUL.”

These are the captivating words quoted in the introduction of *REAL JUSTICE: Fourteen and Sentenced to Death*, the mesmerizing true story of Steven Truscott written by Canadian author, Bill Swan.

The retired Durham College Journalism professor has had two books published as part of the Real Justice series by James Lorimer & Company Ltd. *Fourteen and Sentenced to Death* is a Red Maple non-fiction nominee, and his latest book, *REAL JUSTICE: Convicted of Being a Mi'kmaq*, was recently launched at the Ontario Library Association Super Conference at the Metro Toronto Convention Centre.

“It’s always nice to have an indication that somebody has noticed,” said Swan about the Red Maple nomination, which is chosen by the Ontario Library Association. “Writers don’t like to admit this, but writing is like politics – a lot of it is ego. Writing is something that introverts do to get attention.”

The Real Justice series follows the stories of individuals who have been wrongly convicted of crimes they didn’t commit. Truscott was 14 years old when he was accused of the rape and murder of classmate, Lynne Harper. After serving 10 years behind bars and a total of 47 years with a reputation of being a convicted murderer, Truscott’s name was finally cleared on Aug. 28, 2007 when the Court of Appeal acquitted him.

Swan’s latest book, *REAL JUSTICE: Convicted of Being a Mi'kmaq*, documents the story of Donald Marshall Jr., a 17-year-old aboriginal who was sentenced to life imprisonment for the murder of Sandy Seale. After serving 11 years in jail, Marshall was acquitted by the Nova Scotia Court of Appeal in 1983.

“I’m trying to find words to describe it,” said Swan, about researching and writing for the Real Justice series. “Have you ever been severely pissed off about something? Nothing personal – just at the state of the way society is and the way an institution or company can treat people?”

In order to accurately depict what occurred in both the Truscott and Marshall cases, Swan immersed himself in his research. Even after reading two to three million words of trial tran-

scripts, court records and statements multiple times, he would always find new information the next time he looked it over.

“It’s a sense of injustice the more you get into these cases. I would come up from the den after going over some of these things and say to my wife, ‘you’re never going to believe what I just found!’” said Swan about researching the Truscott book. “The Donald Marshall case is just as involving, even more so in some ways.”

Both books were written for teen audiences. Swan’s goal was to appeal to reluctant youth that don’t take an active interest in reading. They’re written from a narrator’s perspective but are factually sound and based on record.

“It’s readable for any reader, at any age, and at any level,” said Swan. “I’ve had feedback from lawyers who have said that I’ve captured the essence of the story as well as the legal points, and presented it in a way that even school kids can grasp.”

“It’s always nice to have an indication that somebody has noticed,”

Prior to writing for the non-fiction Real Justice series, Swan wrote nine fictional Lorimer Sports Stories intended for middle-school youth. While they are successful children’s books, he doesn’t agree with categorizing his work by age.

“Adults are just children,” said Swan about whether it was difficult to transition from writing books for children to young adults. “We’re all children, and the fact that we have a difference is something that society has invented. They’re all stories.”

The former professor and college administrator has retired from the Durham College classroom and boardroom, but he’s still actively involved with education. Along with his success as an author, Swan teaches online journalism courses and business writing for students who have registered with OntarioLearn.

“I love seeing people succeed,” said Swan. “When you see someone getting a feeling of accomplishment over what they’re doing, it’s a reward in itself because you know how tough that is. I enjoy helping to light that fire.”

Swan has no intention of slowing down when it comes to writing. Since the release of his latest book, he has come up with 12 new story ideas – and a couple of them are on their seventh or eighth drafts.

Although the injustices of the Truscott and Marshall cases are unimaginable, Swan has provided an outlet for readers to gain insight into the truth behind the corruption. These two victims have suffered false accusations, wrongful convictions and years of pain, but Swan has used the written word to correct the mistakes of the past. 📖

the SPORTING LIFE

BY DANA HOGAN

PHOTOS COURTESY OF SHAUNA BOOKAL AND THE PAN AM GAMES



Shauna Bookal not only works in athletics at Ryerson, she also volunteers for the Pan Am Games. (BOOKAL)

With a degree in Sport Management from Brock University, a post-graduate diploma in Sport Business Administration from Durham College and a Masters in Sport Management from West

Virginia University, Shauna Bookal has made a career for herself in the sports industry. But even she has learned a thing or two about sports she didn't know before, as a volunteer for the Pan American Games.

"Working with them made me more aware of the Para Pan Am sports. I didn't even know what goal ball was before I started." Goal ball is a type of soccer played by visually impaired athletes, said Bookal, community tour activator for the Games.

"Being part of the Pan Am Games and having it in Toronto is great. It was pretty cool reading up on the history of some of the athletes from the different Para Pan Am countries and why this event is a huge deal for them. A lot of them don't get to compete in the Olympics and going to the Pan Am Games is a chance for them to shine."

The Toronto Pan American Games run from July 10 to July 26, 2015. Shortly after, the Para Pan Am Games begin, taking place from Aug. 7 to Aug. 14. An expected 42 nations will participate in the games, competing in approximately 36 different sporting events.

"We actually got to educate other people about what the Pan Am Games were, so we went to Markham, we went to Burlington, we have been to Niagara Falls. We also came out to an event in Oshawa, so we got to travel all over the place to different events to tell the people about the Pan Am and Para Pan Am Games — what they are, what countries are going to be here. Just letting them know it is coming here in 2015."

In addition to travelling to various communities informing the public about the games, Bookal's volunteer job entails letting them sample some of the sporting events, such as shot put, archery and more.

"We had wheelchair basketball out there... so people could experience that, and then we also had archery," says Bookal. "It was set up so kids could try their skills with rubber bows and arrows. We bought new ones after almost every single event — they didn't last long and they got used a lot."

Bookal volunteered for the position with the Pan Am Games after she heard about it while sitting on a committee for the Ontario Summer Games. Some of her fellow committee members encouraged her to sign up.

The Pan Am community tour volunteers had the winter off, as promotional events take place in the summer. That also happens to be her slow time at work, so volunteering with the games fits well with her schedule.

When Bookal is not taking care of her three-year old daughter Darcel and bringing her to swimming and soccer practice, she works full time at Ryerson University where she is Community Relations & Athletics Events Operations co-ordinator. Bookal has been working with Ryerson since 2010, however she started her current position in September 2012.

Volunteering for the Pan Am Games is not the first time she has volunteered for sporting events. She also has volunteer experience from the Ontario Summer Games and the Canadian Volleyball Open Championships.

Through volunteering, the 2006 Sports Business Administration graduate has found a way to keep herself more than busy. And she enjoys every single minute of it.

"It is something that I love to do," says Bookal. "There is never a dull moment." ❏



Kicking off the preparation for the 2015 Toronto Pan American Games (PAN AM GAMES)

taking A shot at coaching

BY BILL BATH

PHOTOS COURTESY OF TYLER MARTIN

More than just the season will be changing this spring. A transition from player to coach is about to take shape.

Tyler Martin was recently named head coach of the Durham Lords golf team. If his name sounds familiar, it's because Martin is one of the most successful golfers to ever tee it up for Durham College. He is also one of the few Durham graduates who has played on a professional golf tour.

After 16 years coaching the men's and women's teams, Mike Duggan has retired, and he suggested Martin as his successor. These will be tough shoes to fill. Under Duggan the teams won five national titles, and in 2010 he received the Ontario College Athletics Association (OCAA) and Canadian College Athletics Association (CCAA) coach-of-the-year awards.

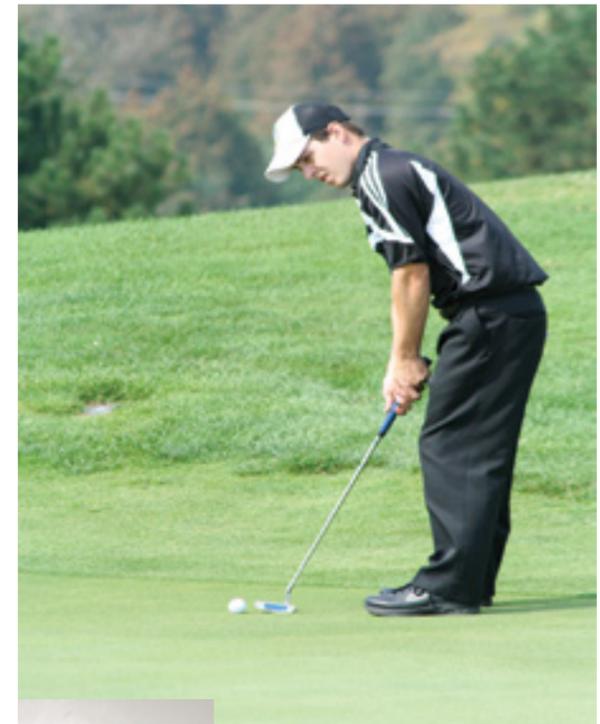
"I was shocked," said Martin about being approached for the job. "I have been asking Mike for a few years to be a part of the team, in a coaching role."

A college coach's job is mainly administrative in the off-season, but when the season begins, coaches become motivators, leaders, and the person who instils confidence when there isn't any. Martin, whose first season as coach started this spring, is able to use his experience as a pro playing in pressure situations to fulfill these roles. Above all, he will help the players' performance by assisting them in preparation for the big events.

While peaking for each event will make the team successful, he said he will offer help with mechanics if requested. "But I will try to focus on the short game, boosting confidence, refining routine, and tournament preparation going into Provincials and Nationals."

His enthusiasm is likely a carry-over from the brilliant career the Caesarea, Ont. native had while playing college golf. Martin won the 2005 national individual title, on top of the two provincial trophies he hoisted in 2004 and 2006. He played on the Canadian Tour, now known as the PGA Tour of Canada, from 2008 to 2011.

Duggan's advice to the new coach: "Keep it fun, make sure the team respects the game of golf, respects Durham College values and most of all respect your opponent. Over the years, Durham has established a respected program, not only in the



As a Durham Lord, Tyler Martin was used to lining up putts. Now he looks forward to his new coaching position with the golf team.



OCAA but also nationally in the CCAA. I will want that to continue under Tyler's tenure."

Coaching Canadian golf teams is not an easy task. The seasons are short, and the main focus for the students on the team is school, not golf.

Many of Durham's varsity golfers play for the competitive spirit, but few have true aspirations of playing golf for a living once they graduate. Historically, the majority of players are in the Professional Golf Management program — with an emphasis on managing the greens, not playing them. And, unlike other athletic teams, golf creates little revenue as a spectator sport to help fund the program, only adding to the challenge.

Ryan Tracy, Golf Management professor says, "I think our platform in the past and present attracts elite golfers looking for a diploma and an excellent way to pursue their passion with a very viable career choice." He adds, "Members of the team do come from other programs, but the majority of players will derive from the Golf Management program."

Recruiting draws from local sources. The Durham Junior Golf Tour has produced many players for Duggan. While the Golf Management program attracts the bulk of talent for the men's squad, the women's teams have traditionally attracted students from a variety of programs. But that hasn't stopped them from garnering much of the team's success.

Regarding his expectations, Martin says, "I will consider the season a success if we compete at our best every tournament and represent Durham College well. I feel if we do these things, we will ultimately have success. I'm very confident in these guys." ❏

Carpentry Students HAMMER for Habitat

BY CLAUDIA STEVEN
DURHAM COLLEGE FILE PHOTO



Sustainable
Carpentry students
(L to R) Rob
Heywood and Matt
Sheridan working
on the Habitat for
Humanity houses in
Oshawa.

To teach a program with a handful of students who are truly passionate about their field is exciting for any professor, but an entire program of students? That's a professor's dream.

For Sustainable Carpentry professor Don Fishley, that dream came true on Sept. 14, 2012, when Habitat for Humanity approached Durham College Whitby campus' dean Darrin Caron looking for extra hands to contribute to their new housing project in Oshawa. As an organization that supports sustainable and transformational development, working with the Sustainable Carpentry class was perfect, as their program focuses on environmentally responsible carpentry using sustainable materials.

“They've acquired so much hands-on experience and given back so much to the community. We're really looking forward to collaborating with Habitat for Humanity during the next three years.”

Habitat's idea was to build something unique and relate it to the centre of Oshawa. The concept for the project was similar to that of a little town. The homes are a series of 24 semi-detached houses to be built over the course of four years. In the plan there are two six-plex homes, a four-plex and an eight-plex. Since the location is 357 Centre St. South, just south of downtown Oshawa, Habitat for Humanity came up with the name CentreTowne.

“Habitat relies on volunteers to get the job done and looked to Durham College to help,” explained Fishley. “The same skills were being taught in class and we thought it would be great hands-on experience for our students.”

They reached out to Durham for helping hands. And helping hands they got. Immediately, Fishley and his associate Greg Durkee jumped at the chance to be a part of this project. Since the Sustainable Carpentry in-class work was the same needed to complete the CentreTowne project, Fishley added it to the curriculum. The class changed locations from the Whitby Campus to the CentreTowne location and completed all of their school hours on-site.

“The students were so excited about the project that they were starting early and finishing late,” said Fishley. “They would forget that they were technically in school during the day. Habitat logs all of their hours and we saw that most of the students put in 30 to 40 hours above what was required of them.”

CentreTowne gave the students prime opportunity to exercise the skills they learn in class on a real-life project. From framing interior walls to building floors and stairs, students participated in the construction from the ground up to the laying of roof sheathing.

Not only was this a great opportunity to get hands-on experience for school, but also a chance to give back to their community. The houses being built will be provided to people from the Durham area who are dealing with financial problems, have lost their job, or don't have any accommodation.

For a chance to live in one of these homes there are three requirements— residents must apply to the program to see if they are eligible, they must put a certain number of hours back into the unit they will be living in, and they must pay back the tax-free loan that Habitat provides them. All the money repaid by the residents will go directly back into the Habitat for Humanity program to build more homes like the ones in CentreTowne.

“Working on the CentreTowne project has been a great opportunity for the Sustainable Carpentry students,” says Fishley. “They've acquired so much hands-on experience and given back so much to the community. We're really looking forward to collaborating with Habitat for Humanity during the next three years.”



Part-time professor
Denise Johnston,
centre back row,
is captain and
organizer of the
Durham College/
UOIT dragon boat
team.

“Paddles UP!”

BY MARIA-ELENA GIORGETTI
PHOTO COURTESY DENISE JOHNSTON

Paddlers have assumed the starting position with paddles a couple of inches off the water. Ready to stroke, they are reaching forward, lower arm straight, and back bent ready for the pull. The first three paddlers on each gunwale (pronounced gunnel) or side of the boat make up the bow or front of the boat. They must possess impeccable timing. The front two paddlers set the “stroke” and when necessary change the pace of the race. When the steersperson yells, “take it away!” immediately all the paddlers will begin to stroke.

“That's when you should feel the engine room take over,” says Denise Johnston, part-time Durham College professor and captain of the UOIT/Durham College Dragon DUO dragon boat team. “Ideally they sit in the middle and are the most powerful members.”

These eight paddlers will dig in and enforce the stroke rate and boat speed. Although, the sport is welcoming to beginners and those without any experience at all, it is an asset to have some core strength.

“At our first team meeting I recommend to people that if they are not already doing something for physical activity, doing any kind of exercise beforehand will help,” says Johnston. “Although it seems like you may just need your arms you do need to do some core workouts. It's just a different sport than rowing. Unlike rowing this is not as much about your arms and shoulders as it is about your core. Remember you only paddle on one side.”

There are some “switch hitters” or paddlers who hold the shaft of a paddle on either the right or left, but it's because

they have incredible core strength, not because they are ambidextrous. Balancing the boat from bow to stern is essential to determine the weight of the boat and the placing of the team.

“Ultimately it's about team work,” says Johnston. “Race day is Saturday June 15 and it's really a day of fun. Every year there are people who join who've never done it before. They've seen it or heard of it and have always wanted to try it. I do recommend for people to let me know early that they'd like to be a part of the team.”

Last year 56 boats raced at Palmer Park in Port Perry for The Dragon Flies Dragon Boat Festival, a fundraiser for Breast Cancer survivors. Both of UOIT/Durham College's dragon boat teams were waitlisted despite meeting the early bird deadline in late February. This year, before the starter signal could even be heard, registration began for two boats - one at the Whitby campus and one at the Oshawa campus and rosters were nearly filled for both by mid-January. Boats are often filled quickly by cancer survivors as this fundraiser aims to, “educate and encourage women or men living with breast cancer to lead full and active lives.”

“My mom had breast cancer,” says Johnston of her mother who passed away a year ago. “Whoever you are, there are people in your life that have been affected or will be. I try not to watch the part where the survivors throw flowers in because it hits so close to home. The event is really about support, support from your teammates of course, but sometimes it's just the support from all the onlookers, the friends and family who make it such an incredible event.”

Chasing Ghosts, Following Dreams

Abel Renton,
Music Business
Management
professor, couldn't
imagine giving up
his passion
for music.



BY EMILY CANFIELD
PHOTO COURTESY OF ABEL RENTON

He's a teacher, a singer and songwriter, in a few bands, the co-owner of a record label and a guitar instructor. No, he is not that wannabe rock star from the film *School of Rock* — he's Abel Renton, a Music Business Management professor at Durham College. This 32-year-old has a lot of experience and recently received local recognition for his contribution to music.

The past year has been quite busy for Renton. His band, The Micronite Filters, were named Oshawa's 2012 artists of the year and his record label, Get Bent Records, took home an award for best record label. During the summer of 2012 the band travelled to Mississippi where they recorded their latest album, *Chasing Ghosts*, with Squirrel Nut Zippers front man Jimbo Mathis. The album was released in January.

The Micronite Filters includes four members — Renton, Dan Reiff, Myke Pulito and Bruce Mackinnon. They regularly play in the Durham Region and have frequently graced the stage at the Horseshoe Tavern in Toronto. Renton and Reiff started The Micronite Filters in 2004 and three years later created Get Bent Records, which to date has released 29 albums.

"I've had so many great experiences, from travelling to working with talented artists," says Renton. "Music is something that has always been a part of my life. I don't know what I would do without it."

Renton has been able to bring his musical expertise into his work life. For about seven years, he has taught guitar lessons at Hands On Music in Bowmanville, Ont. More recently, he became a part-time professor in the Music Business Management program at Durham College. These jobs are a

perfect fit as they allow him to share his experiences with both guitar and college students, helping them to better understand the industry. Although he admits it can be difficult to stay on top of everything, he's managing it.

"I teach my students to be open minded and have a balance of perspective. In this industry you have to be really free flowing but also willing to commit to things," he says. "It all keeps me busy, but I also keep a schedule. It definitely helps to be surrounded with good people."

Surprisingly, a career in music isn't always what Renton had planned. After high school, he went straight to university and spent four years studying history and philosophy. Later, he even considered going to law school. He was working at an insurance office when he came to realize he wanted a music career. Renton said he knew he had to base his career on what he loved — that's how he could find personal achievement.

"To me, success is why I didn't go down those routes of having other jobs," he admits. "I don't view success necessarily in terms of the monetary value. It's about balancing everything in your life and what makes you happy."

In the future, Renton hopes to travel and connect with like-minded people. He even has a few projects up his sleeve. Recently, he's recorded with his other band, The BoneDevil, and has also recorded a solo album of country songs he wrote over the past 10 years. He's always thinking about what he can do and who he can incorporate in his plans. Given that he is a musician, this isn't difficult as he knows many other talented artists. The wheels are always turning as his ideas turn into reality.

"My goal is to keep on keepin' on," Renton says, smiling. "I'm never going to stop. There is so much I have planned for the future." 

Striking A CHORD IN MUSIC

BY SAMANTHA HOGUE
PHOTO COURTESY OF HILARY SHAW

She may not know what she wants to do with the rest of her life yet, but she does know that music is her forte. And even though she's still in school, her work is seeing impressive results.

Hilary Shaw just completed her second year in Music Business Management. In November, she won the Durham Region Chairman's Award for her outstanding academic performance.

The MBM student works hard both at school and at her volunteer position with Anchor Shop, a music promotions company in Toronto. There she helps promote shows through social media, and helps collecting tickets at events.

As a part of the Music Business Management program, students must work on an initiative, completing a total of 60 hours in their second year. For her 30 hours per semester, Shaw's job consisted of being supervisor of the Take Over Artist Management initiative where she worked with 18-year-old Toronto artist Alyssa Leigh. She taught the young artist how to promote herself and build her listener base as well as helped her write songs and build her social media credibility.

While Shaw was working with her, Leigh performed at Canadian Music Week 2013 in Toronto which took place from March 19 to March 24.



Hilary Shaw,
Music Business
Management
student (left), is
looking forward to
completing her third
year and graduating
in 2014.

Shaw's love for music began at an early age when she started playing the piano. She went on to learn the guitar as well as the flute. Throughout high school, the student was involved in every music program offered, and was a member of the choir and band.

Some might wonder why she hasn't pursued playing and performing herself. It may have something to do with her stage fright. Although she doesn't enjoy being in the spotlight herself, Shaw enjoys helping other artists achieve their dreams.

"I love helping other people, so I thought this was the perfect way to get involved and help an artist achieve their goals and dreams. It's amazing to be able to sit back and watch how the performance plays out, but at the same time being successful with the achievement of the show."

Given her success in school, her future looks promising. She's optimistic that she won't have to scale back and hopes to end her internship in third-year with a career in the music industry. 



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TRADING IN PAPERBAG LUNCHES FOR *The Lunch Box*

PHOTOS AND STORY
BY BRITTANY APPLETON



Aleisha Macdonald is owner and operator of the Lunch Box restaurant, located across from the DC and UOIT campus. Aleisha's cafe is known for fresh-baked goods, home-made creations and offering healthy alternative to fast food.

The Lunch Box
secret cabana bread,
stolen from
grandma's
recipe book.

- Four mashed bananas
- 1 1/3 c. melted butter
- 3/4 c. of sugar
- One beaten egg
- Splash of vanilla
- 1 tsp. of baking soda
- Pinch of salt
- 1 1/2 c flour
- 1/2 c dark chocolate chips
- 1/2 c Peanut butter chips
- 1/2 c. pumpkin or sunflower seeds

Stir all the ingredients together, and
bake your one-of-a-kind Cabana
bread at 350F for one hour.

Enjoy!

Imagine crisp water-beaded lettuce, succulent diced tomatoes, shredded tender mozzarella, whipped buttery sour cream with richly seasoned beef on top. You might ask where the taco is, but patrons of the Lunch Box café know all of these ingredients would be best poured over a crispy bag of Doritos. The famous Walking Taco is a student-inspired favourite at Durham College graduate Aleisha Macdonald's café.

Her haven of creative eats is located across the street from the college's main campus and has become a student and staff favourite. With daily competitive deals and discounts of 10 per cent for students, Aleisha — as she is known to her customers — offers undergraduates a healthy alternative to over-priced processed food.

"There is all of this convenience food — people don't really know what is in it. We stay away from as many preservatives as possible and home cook as much as we can. We try to do the old-school thing," says Aleisha.

Stepping into the aroma-filled store, customers are not only greeted by delectable food, but also by the warm décor - as a collection of vintage lunch boxes accents the walls.

Whether an exquisite gift from a customer, or a rare present from a mother – Aleisha's collection includes all sorts of old fashioned lunch boxes, with one rusted and worn lunch pail dating back to the 1930s.

“There's all of this convenience food – people don't really know what's in it. We stay away from as many preservatives as possible and home cook as much as we can.”

There is more to the Lunch Box café's delightful atmosphere than decorations and food. Its deep-rooted connection to family and friends truly brings it to life. Aleisha's mom,

dad, aunt and grandma work hard to support their girl, however they can, whether it is balancing the books, or cooking up a storm. In fact, many of the mouth-watering recipes are straight from grandma's secret cookbook, while others are from Aleisha's loyal customers.

"We have taken recipes from many people. We always make them, change them and then have the customers taste them to see what they think. We always end up altering the recipes to suit what our guests prefer," she says. While many tantalizing food items stretch across the large menu, there is more behind Aleisha than her fresh cheftalents. In 2004 she graduated from Durham's Advertising Program. Unsure if that was the field for her, she enrolled in Complexions, a private makeup artistry school in Toronto. After a few years in the world of makeup, Macdonald felt the pull for something new.

The drive to own a business was hotter than ever, so she decided to buy a franchise. Unfortunately, it was not all it was hyped up to be. "I learned a lot about business, but with

franchises everything is laid out for you. So your marketing computer programs and forms are all set out for you. The precooked food is sent to you, and you're to put it together how they tell you to. No creativity." Knowing this was not for her, she sold her business in 2010 and began looking for a new business opportunity.

This spring, Aleisha reluctantly closed her doors after two great years at the Simcoe Street location. She posted this on the Lunch Box Facebook page: "Thank you for your great support for the past few years! I have found a kitchen to lease and still offering CATERING services. Email: thelunchboxshawa@yahoo.ca or call 905 914 8740 for more info or to place orders.

"I will update Facebook and let everyone know if /when I find a new restaurant location." 🍷

A stroke of SUCCESS

BY KYLIE MCCONNELL
PHOTO COURTESY OF VITALIS GOMES

TaylorMade, Callaway, PING, Titleist. And for the last 10 years, Nike has joined this list of top brands in golf.

When the parent company was looking for a director of marketing for its newly-launched Nike Golf Canada in 2003, it turned to someone with a proven track record. Sports Administration graduate Vitalis Gomes had successfully worked to spread the word about Nike Hockey, so he was a natural choice for the job. He and his team were responsible for building a legitimate brand in the consumer's mind, virtually from scratch.

"The great thing about Nike is that there are almost no people who have grown up without Nike," says Gomes. "However, golfers are very loyal to brands that have been on the market for decades. But that challenge didn't faze us. We don't play to be second in anything and if we're going to play, we're going to play to win. You don't win silver. You lose gold. That's Nike's mentality."

Up against traditional brands on the market for decades, such as TaylorMade and Callaway, Nike had to somehow convince avid golfers that Nike products were just as good or better. Gomes and his team realized that innovative marketing strategies were essential if Nike was to compete.

"We blocked our competitors out by forging a lot of partnerships early and exclusively that we still own today," says Gomes. "We created unique opportunities, like partnering with IMG to create Canada's summer Golf Classic, Telus Skins. Every day I want to find a different way to outsmart them, find something different that they're not doing that we can own and will resonate with the consumer."

Those unique strategies paid off. Due in part to Gomes' work as director of marketing, Nike Golf is now the second most popular golf brand in Canada and is striving to become #1 by 2015. So how did Gomes get to this point in his career?

In 1991, he left the Physical Activity Studies program at the University of Regina and enrolled in Durham's Sports Administration program because of the business focus and practical experience opportunities.

It was a wise decision. Gomes landed his internship at Branada Sports Communications, a sports marketing agency owned by the legendary Bobby Orr, Bill Watters and John

Wintermeyer. He was soon offered a full-time job as an account manager and managed to continue his studies at Durham while getting his hands on every project he could at Branada.

"We developed a partnership with Molson and I was given the opportunity to work on the Coors Light Scramble," said Gomes. "I was responsible for networking and chasing businesses to try and solicit new opportunities for the agency. It was an excellent learning experience with a great group of guys to work with."

When he left the agency to move back west, it wasn't for long. Less than 90 days later he received a call from Nike Canada, whom he had developed a business relationship with while at Branada.

"My phone rang and they told me they were going to launch Nike Hockey, and asked if I would be interested in the job," says Gomes. "If you could paint your masterpiece of an ideal job, this would have been it. They wanted to launch something new, exciting and build a marketing strategy. It was too good to pass up."

Gomes and his team partnered with Ron Robinson, the chief marketing officer for the Canadian Hockey Association at the time, and dreamed up the Nike Skills Development Program. The program was based around an instructional manual developed by the late Gordon Jukes, a long-time hockey executive. They believed it would help coaches introduce young players to hockey in a positive, supportive manner.

The manual was a success and lead to 16 two-day camps for young players across the country. It was excellent branding for Nike and eventually led to a premier sponsorship with the Canadian Hockey Association (now Hockey Canada), making Nike one of the top brands in the hockey industry.

Gomes' work on the project did not go unnoticed, and when Nike ventured into golf he was quickly tapped to be one of the chosen few to build the brand. And he is nothing but grateful, as he truly values the 16 years he has spent working for Nike.

"Every day is different and there's always a challenge," says Gomes. "We work hard, we play hard. No one micromanages at Nike. I wouldn't trade the past 20 years for anything and I've learned and experienced more in 20 years than some people would in a lifetime." ❏



Sports admin graduate Vitalis Gomes is director of marketing at Nike Golf Canada. When he's not busy promoting the brand he enjoys getting out for a round of golf at some of the most beautiful courses in the world, like The Links at Spanish Bay in Pebble Beach, Calif.

cooking up courses

BY REBECCA KERRIVAN
PHOTO COURTESY OF DAVE HAWEY



Chef Dave Hawey works with a student to create a masterpiece. Recently he has been working to add new courses and help put together the new kitchen at the Whitby campus.

He has dedicated his career to inspiration. His passion shines whether he is cooking, woodworking, or carving ice sculptures. It takes a lot to get a student excited to come to classes, but this man's students are always ready and thrilled to listen to what he has to teach.

Dave Hawey has recently been planning and developing a cluster of programs for the Whitby Campus's Centre For Food with colleague Robert Grieve. The building, to be opened for the fall semester, will include state-of-the-art labs, classrooms and meeting spaces to accommodate 900 new students. The two have been a part of planning everything from furniture and equipment to course outlines and the program of study.

"I was lucky in my career to open up two kitchens from the ground up and this is now my third," says Hawey, who was the opening chef for the Westwind Inn in Buckhorn, Ont. He also rebranded the pub at Elmhirst's Resort in Keene, Ont. to be an aviation themed pub. "One of my strengths in the industry was to turn things around, or to build things and start new things. To be able to put all that industry experience and teaching experience into Durham College is a great opportunity for me."

"The new Centre for Food will be one of the finest culinary training facilities in Canada."

Not only is the building expanding, but also the cluster of programs within the Whitby Campus. Along with existing programs – like Culinary Skills and Hospitality Management – that will be moving into the new facility, several new programs are being added. They include Culinary Management, Special Events Planning and Cook Apprenticeship.

Now the program co-ordinator for the Ontario Youth Apprenticeship Cook program at Durham College, Hawey teaches culinary nutrition, culinary theory II, cuisine and a la carte. In his labs, he enjoys throwing some challenges at his

students. Although it's helpful for a learning environment to be controlled, it's important for students to be ready for the hectic pace of the industry, he says.

Until now, Culinary students have taken classes at the Oshawa and Whitby campus as well as three local high schools, Maxwell Heights, Father Leo J. Austin and Central Collegiate, where the culinary labs were held. Although the borrowed facilities have been great, unfortunately their space and equipment limitations had prevented the college from offering the two-year Culinary Management program.

"Our students have been very understanding and appreciative of the kitchen labs we've been using since the programs began three years ago," says Hawey.

"Chef Dave" inspired student Lindsay Hodgson right from orientation day. His real-life stories and experiences were enlightening and it helped that he took the time to remember her name on the first day.

"Ever since the first class I had with Chef Dave last semester, he was by far at the top of my list for teachers I liked. He was so friendly, even on orientation day. He does his job of teaching, but makes it fun. He is a great teacher. I know that everyone in our program would agree with this as well," says Hodgson.

Hawey says he thoroughly enjoys his teaching position, being able to do what he loves while inspiring others. This shines through when he discusses the new Centre for Food and the benefits it will bring to the programs and future students.

"Once complete, the new Centre for Food will be one of the finest culinary and hospitality training facilities in Canada. Our new kitchens are open, bright, well-equipped flexible learning labs that will allow us to deliver large and small quantity food and baking classes to the cluster of culinary and hospitality programs that we have developed at Durham College over the past three years. It will be a pleasure to teach the students in our new state-of-the-art labs while the public looks through the large glass walls, seeing them in action." ❏

Multimedia grad Adam Hare enjoyed designing, marketing, and creating promotional tools for the likes of Classified, K-OS, and Maroon 5 as a member of the Universal Music team.



music BY design

BY TESSA FERRIER

PHOTO COURTESY OF ADAM HARE

Many music enthusiasts would only dream of saying they have worked with artists like Classified and Maroon 5. For Adam Hare, this dream became a reality for the last five years.

Hare scored the elusive gig as a senior designer at Universal Music Canada — the nation's leading music company — within only a few years of graduating with honours from the Multimedia Design program at Durham College. Four years later he was promoted to associate manager of Interactive production. In this position, Hare led the interactive production department in delivering solutions for large-scale websites. He also developed online marketing campaigns and websites for some of the top artists in Canada, including Hedley, Jann Arden and k-os.

"One of my favourite projects has been working with Canadian rapper and producer, Classified," says Hare. "Earlier this year, my team promoted his private show, which was held in a small, intimate skate shop for 100 lucky young fans. The Classified team really allowed us to take the reins with the project, and they were incredibly supportive of the marketing and promotional work that was being created."

He also lead marketing and communications for a team that created a viral promotional tool for Down With Webster's song "Jessica."

Before joining Universal, Hare was a creative designer for Toronto-area design firm Mouth Media. Some of his clients included the Luminato Festival, Mirvish Productions and HarperCollins Canada.

The Design grad has been interested in creative design for as long as he can remember. By the age of 14, he had already designed a band logo for his own band, Last Priority. Shortly thereafter, Hare began designing everything from logos to complete websites for both his own and friends' bands. He discovered that he was a natural-born electronic designer. Following this epiphany, he decided to enroll in a design program.

Recently, Hare left Universal to become director of Marketing and Communications for Petley-Hare Limited Insurance Brokers.

“One of my favourite projects to date has been working with Canadian rapper and producer Classified.”

"Although I certainly enjoyed working at Universal Music, the time has come for me to move on," says Hare. "I am bringing my music business experience, ironically, right back home to my father's family business, Petley-Hare Limited Insurance. I will be joining the team to help with digital marketing and web design."

The design mastermind will continue to pursue his passions — design and music — outside of the office. He is now teaching digital marketing at the Harris Institute for Arts, in Toronto, and he continues to operate a freelance design business of his own. In addition, Hare has played lead guitar and sung in a collection of bands over the past decade and is currently hoping to start a cover band. Look out for Hare on the billboard charts, one day soon! 🎸



Student Lydia Kalbfleisch throws her heart and soul into the Durham Lords softball team games. This July she's heading to Israel to play for Team Canada in the Maccabi Games.

THROWING HERSELF INTO THE GAME

BY GABRIELLE LIORTI

PHOTOS COURTESY OF AL FOURNIER

For years, Lydia Kalbfleisch has given up her weekends to play softball tournaments and pushed herself to be the best pitcher she can be. All that work has paid a dividend to the first-year Durham College student. She was recently selected to be a member of Team Canada and play at the 19th Maccabi Games, the "Jewish Olympics" held in Israel every four years.

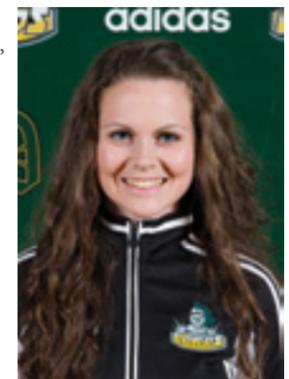
"I thought that all my hard work has finally paid off and I could prove to anyone who is from a small town that they can make it big some day too," says Kalbfleisch, a Sports Management student and member of the Durham College varsity women's softball team.

Rosemary Theriault, assistant coach with Durham's team and co-coach of Team Macabbi Canada Open Women's Softball, also will be travelling over to Israel for the 2013 Games. Kalbfleisch is amazed that she has this opportunity to travel with Theriault. She didn't expect it. Theriault approached Kalbfleisch about participating in the games. When Kalbfleisch went to the tryouts, the other coach was pleased with her performance and asked if she would go.

She had never heard of the Maccabi Games when she was asked to try out. Now she is excited about it, not only because it will be a thrilling experience, but also because it will be her first visit to Israel, and because she wants her team to give Canada something else to be proud of, she says.

"I never actually realized that it could happen. I usually just tried to work hard and do the best that I could. I've always wanted to do something big and just wanted to be noticed."

Growing up in Moorefield, Ont. Kalbfleisch said her father, a former softball player, had encouraged her to pursue the sport. Although she wasn't a big fan of it at first, she grew to love playing softball. Before joining the Lords, she played six years for the Palmerston Marlins, including in 2010 when they were provincial bronze medalists.



Two years ago Kalbfleisch suffered a dislocated knee, but worked hard to make a comeback. She was in a brace for four weeks and then attended physiotherapy for five to six months, as well as doing strengthening and flexibility stretches at home to help the process.

"It was during the second softball game of the season, and I couldn't play for the rest of the season. I was in physiotherapy for about a year. Last year I played for two teams, so that I could get as much playing time as possible."

Right now she continues to work out and train on her own to prepare herself for the Maccabi Games. The Maccabi team is trying to organize exhibition games against other teams to further prepare for Israel. Kalbfleisch hopes to personally continue training right up until she leaves for the games in July in order to stay in shape and perform at her best. 🎯

FINDING His Checkered Flag

BY KRISTEN ASSINCK
PHOTOS COURTESY OF JOHN WALKER



Grad Ryan Chalmers, communications and promotions manager for Canadian Tire Motorsport Park, catching the action trackside with Paul Piels, promotions and sales associate, on race day.



Chalmers trackside with anthem singer.

Motoring onto the communications scene, Ryan Chalmers' love of sports was a driving force that landed him his current job as the communications and promotions manager for Canadian Tire Motorsport Park (formerly Mosport).

“My favourite aspect of my job is never knowing what to expect on a day-to-day basis. Every day brings a new set of challenges. It’s that uniqueness that keeps work exciting and stops you from falling into a rut,” says the 2008 Journalism grad. “Although the track may have its off season, we are still running full steam ahead with preparations for the upcoming year.”

It is shaping up to be an unforgettable year at the Canadian Tire Motorsport Park. This season will bring a milestone race, not only for the track, but also for the country with the first-ever NASCAR Camping World Truck Series to be held in Canada.

Chalmers joined the track in 2010 after they had been without a communications department for six months. They were looking for someone with a strong work ethic, versatility, experience with deadlines and extensive writing background. Chalmers came to them with high recommendations from his editor at Oshawa This Week. He was immediately immersed in planning for the 50th anniversary of the track that same year. Since then he has promoted events like the Grand Prix and NASCAR Canadian Tire Series. His hard work paid off when his six-month contract parlayed into a full-time position.

“Journalism has definitely given me an edge as I made the transition into the communications field. It has helped me to understand more of what the media wants, and allowed me to provide them with a more centralized story,” said Chalmers. “I also developed a different working relationship with journalists that a public relations professional may not have. After all, this field is all about networking and getting to know whom you’re pitching these stories to.”

Prior to his evolution into the public relations field, Chalmers worked as a sports journalist for Oshawa This Week. He landed that contract position as a result of doing his seven-week journalism field placement there. During that time he wrote an impressive 60 articles. From a young age, Chalmers had been involved with sports such as hockey and baseball, so it was no surprise that as a student he gravitated towards writing about sports for the Durham College Chronicle.

As for the future, Chalmers is happy where he is. Having grown to love the field, he says he plans to stay at the track for the foreseeable future, although he would like to branch out within the company to gain experience in various departments. 🏁



Sports Admin grad Clefford Smith enjoying one of the perks of working at the Daytona International Speedway.

TICKETS FOR SPEED

BY MICHELLE LIORTI
PHOTO COURTESY OF CLEFFORD SMITH

You are at Daytona International Speedway enjoying NASCAR Sprint Cup series cars racing by at speeds of up to 200 miles per hour. It’s the Daytona 500 — the Super Bowl of stock car racing, and being there is all part of the job. That’s the case for Durham College grad Clefford Smith.

As ticket operations manager, Smith oversees the proofing, ordering and printing of all tickets, whether admission at entrances, hospitality, parking, camping or for special events. In addition, he manages all ticket inventories and a staff of three that sometimes grows to as many as 40 for events. In the last three years, Daytona has hosted actors such as Jane Lynch, Josh Duhamel, and Rosie Huntington-Whiteley; model Kate Upton; WWE Superstar John Cena; and singers Lenny Kravitz, Martina McBride, Brad Paisley, Tim McGraw and Harry Connick Jr.

The speedway is known as the home of “The Great American Race,” the Daytona 500, which usually attracts about 180,000 guests. It’s a race guests anticipate all year round. In addition to individual and group tickets, the speedway offers premium club seating tickets that cater to different types of fans. Season ticket holders have the chance to take their experience to a whole new level. With a season package members enjoy special benefits and seven racing events held at the speedway, including the Lucas Oil 200, Sprint Unlimited and the DAYTONA 500.

“My favourite thing about working at the Daytona International Speedway is having the opportunity to work at a sports venue that is truly considered hallowed ground and help put on one of the top sporting events in the world — the Daytona 500,” says Smith. “I am also fortunate to work with a very dedicated group of people who truly want to put on the best possible experience for our fans.”

At the Daytona International Speedway, Smith has had the chance to ride in a stock car at over 160 miles per hour (257 km per hour) on 31 degree banking — truly an experience he cannot put into words. He says the speedway is a sporting experience like no other, from the time guests arrive on the property to the end of the race.

Before taking the job at the speedway 10 years ago, Smith worked for the Tampa Bay Lightning and the Tampa Bay Buccaneers in Florida. He landed the job with them in the ticket/box office after graduating from the Sports Administration program at Durham College in 1994.

Although Smith now resides in Florida, he will never forget the time he spent at Durham College.

“The best thing I got out of my days at Durham College were the professors I was fortunate to have,” says Smith. “The advice and insight they were able to provide about the business of sports that was outside of the course itself has been invaluable.” 🏁

Animation grad Ryan Miller now teaches part time at Durham College while working on freelance projects during his spare time.



THE creator BEHIND YOUR SCREEN

BY HILARY JOHNSON
PHOTO COURTESY OF RYAN MILLER

Many have felt that rush of satisfaction after conquering that favourite video game, like dominating Voltun Kulle in Diablo III. But have you ever wondered who's behind that addictive virtual world? In 2007, Ryan Miller graduated from Durham College with a diploma in Animation-Digital Arts. Today, he's a part-time professor at Durham, in the same program.

"The Animation and Digital Arts program has improved immensely since I graduated," says Miller. "Durham College continues to modify the program to ensure it remains relevant, so much so that I wouldn't mind taking the program again just for the fun of it."

His passion and dedication as a student landed him an internship at Mercury Filmworks, even though an internship was not part of the program. He was able to complete his internship in Ottawa during his final semester while finishing his Durham studies online. In 2007 he was taken on as a full-time employee. While working with Mercury, he had the opportunity to work on hit TV shows *Weird Years*, *Gerald McBoing Boing* and *Jake and the Neverland Pirates*.

That experience was a gateway to a position at bitHeads Inc. in 2008. While working there, Miller was able to moonlight on the popular game, *Madballs in Babo: Invasion*, as a model and texture artist.

In the winter of 2012, Miller joined the college's Animation program as a part-time professor. When he isn't teaching, he is occupied with Conjured Graphics, a company he founded in 2010. Through Conjured Graphics he does freelance virtual

world and game work. Lately, when Miller receives contracts that are too difficult to complete alone, he relies on the help of other Durham animation grads.

"I have a handful of guys that I rely on when my workload gets to be too much," says Miller. "I trust Durham grads because I know they are going to work hard, use proper techniques and be comfortable with the programs that I use, because I know the curriculum."

“I trust Durham grads because I know they are going to work hard.”

Although Miller's goals as a student were short term and consisted of scholarship grants and bursaries, they have grown to be much more. He's gained experience and has begun to give back by setting his students up for success. He reminds them how valuable knowledge is and to never underestimate their capabilities.

"My favourite part about this program would have to be the teachers," says Miller. "They were extremely good people, and a couple of them were really great industry professionals, who really knew what they were doing. They made the material interesting and kept students engaged. That's how I want my students to feel." ❏

BRINGING A TASTE OF INDIA TO THE CAMPUS

BY TOM ALAYON
PHOTO COURTESY OF MANJULA SELVARAJAH

He is the first international student to sit on Durham College's Board of Governors, started the first intramural cricket league on campus, and introduced the college's first celebration for Diwali Dhamal (India's largest religious holiday).

In doing so, Sanjay Surendran has received some great recognition and was one of six award winners at the Toronto International Student Festival, held at Nathan Phillips Square in October 2012.

"I was glad to receive this award. But my purpose of doing community service or creating new opportunities for international students on campus was not to get pats on the back or to get noticed," says Surendran. "I did it all because I enjoyed doing it and if I could make other students happy with what I have done, that is my reward."

Born and raised in Jaipur, India, Surendran decided to pursue further education in Canada, where opportunities are more readily available. Since starting school, the third-year Computer Programmer Analyst student has managed to co-ordinate an intramural cricket league for students at Durham College and the University of Ontario Institute of Technology (UOIT). There are now 70 participants per semester.

Surendran also helped organize the college's first on-campus Diwali Dhamal celebration in October 2011. The four-day festival is in observation of India's largest religious holiday and brings together a celebration of new beginnings and good luck. Over a hundred students from different nationalities, along with administrators, vice-presidents and the college's president, attended an evening of dancing, food and music to honour this highly respected Indian tradition.



The youngest and first ever international student to sit on Durham College's Board of Governors, Sanjay Surendran, (left) reviews a document with a colleague from the campus international student centre.

"Last year's Diwali Dhamal was bigger than ever. Students did Rangoli, we had our DC Bhangra group performances and other dance performances. This time the population of students grew to 150 from 100 with some UOIT students attending," says Surendran. "We are thinking next year the event will be moved to the gym because of its popularity among students."

Durham College welcomed 151 international students this year, and that number is growing annually. Surendran says one of the biggest challenges for international students is adapting to the environment. Speaking from personal experience, he says he had a hard time getting use to the Canadian culture, food, and the long cold winters. He advises those having trouble to talk to their professors and take advantage of the resources available.

Since August 2011, Surendran has been a mentor for international students on campus, assisting them with questions or concerns, supervising workshops and developing new services for the students.

Even before joining the board he had been involved in activities on and off the campus. He wanted the opportunity to express his and other students' opinions at a higher level, which was one reason for running for the Board of Governors, he says.

Surendran's love for the college has been his motivation to make the student experience the best it can possibly be. He now calls Durham College his second home.

"The second I stepped on this campus, it was my home, and since then I have been active in all aspects of student life." ❏



Durham Lords soccer team captain Duncan Mitchell performs in the second annual Charity Cup game.

TOP OF THE TEAM

OCCA ALL STAR:
DUNCAN MITCHELL

BY DANIEL PETERSON
PHOTO COURTESY OF SCOTT DENNIS

He plays in the Canadian Soccer League, is a captain of the Durham Lords men's varsity soccer team, was twice named an OCCAA All-Star, and volunteers on a committee that enables kids to have the same chance he did to play sports.

Second-year Police Foundations student Duncan Mitchell has made a name for himself around Durham College. In his first year, Mitchell scored his first Ontario College Athletic Association(OCAA) All-Star recognition.

"In my Grade 12 year, my brother took me to watch Durham College play. I loved what I saw. But I didn't feel like I was ready to play at the college level, so I decided to go back to high school for another year. I returned a year after and ended up making the team," said Duncan. "We didn't do well that season, but I was named OCCAA All-Star, and it felt amazing."

In his second semester, he was named team captain and they went on to the OCCAA Indoor Provincial tournament, finishing fourth.

This year as captain, Mitchell lead the Lords with seven unbeaten games until they eventually lost to St. Clair College in the quarters of the OCCAA provincials. But Mitchell once again earned an OCCAA All-Star award, and finished the season with three goals.

While in college, he has been an active member on a committee organizing the Charity Cup, a soccer match between Durham College and UOIT (University of Ontario Institute

of Technology) that raises money for Their Opportunity, an organization that funds children whose families cannot afford to enroll them in local sports.

"I feel that sports played a big part in my life and it has helped me in many respects, such as learning how to work in teams, how to be a leader, how to be social." He added sports also improved his co-ordination and fitness. "This organization is important to me because I want other children to share the same experience that I had."

When Mitchell isn't living off campus with roommates from the varsity soccer team, he lives at home with his family in Pickering, Ont. Currently working part-time at a local pizza place, Mitchell keeps busy with his soccer club, the York Region Shooters, a club that competes in the Canadian Soccer league.

Looking to his future, Mitchell hopes to become a police officer, but he may not be leaving Durham College just yet.

"If the police thing doesn't work out right away, I'd love to return to Durham College and further my education in the graduate program for Advanced Law. I'll get a chance to use all my eligibility to play for the Lords and hopefully win a national title."

Keep an eye out for Mitchell in the next few years as he makes a push to live a childhood dream.

"It would be great to have my dream come true and play professional soccer. It's now or never, so I'm going to try my best and see what I can do." ❧

alumni UPDATE

The Department of Athletics would like to connect with one of Durham College's former top basketball stars, Bob Burley, who held the college's single game men's basketball scoring record of 39 points for over 20 years (1970-1994); a remarkable achievement. Bob, if you are reading this or if you know of Bob's co-ordinates, please email ken.babcock@dc-uoit.ca

1981

DAVID ZWICKER

Business Administration - Accounting

lives in Calgary with his wife, Susan and their 21-year-old daughter Jessica. David works at Imperial Oil Ltd. as an Upstream Controllers-Oil-Sands Mining Supervisor.

1985

MARGARET CAMPKIN

Registered Nursing

lives in Oshawa with her husband John. They have two grown children, daughter Bridget and son Andrew. She currently works at Durham College as a Nursing Professor.

1991

DAVE HARRIS

Sports Administration

lives in Woodstock with his wife Melanie. In February 2013, Dave was named Executive Director of the Oakville Soccer Club, the largest amateur soccer club in North America with 17,000 members.

2001

RAYMOND COLLINS

Fire & Emergency Services

lives in Bowmanville with his wife Lauren, their five-year-old son Noah, and their two-year-old daughter Nevaeh. Raymond is working as a Road Supervisor at Shield Fire Protection.

2002

SCOTT RODMORE

Computer Systems Technology

lives in Toronto. Scott is currently working as Realtor & Sales Representative at Keller Williams Referred Realty in Toronto.

2011

CAROL FACTOR

Office Administration - Legal

lives in Peterborough. She has two daughters, Amanda and Chantel, who live in Toronto. Carol graduated from her program on her 60th birthday. She now works as a Transcriptionist for the Centre for Academic and Faculty Enrichment at Durham College.

JERRY TOWNSEND

Business Administration - Accounting

lives in Oro Medonte. He is working for Freedom 55 Financial as a Financial Security Advisor in Barrie. Jerry is willing to assist any Durham College alumni with their financial planning.

2012

ARLENE GALLIAH

Victimology

lives in Oshawa. She currently works as a Legal Support Worker with Luke's Place. She has three children, 20-year-old Taylor, 17-year-old Mason, and 15-year-old Clayton.

BRANDON JOHNSTON

Mechanical Engineering Technology

lives in Winnipeg, Manitoba. He is currently working for Bristol Aerospace as a Manufacturing Engineering Planner.

LINDSEY PROSPER

Graphic Design

is engaged to John O'Toole and living in Oshawa. She is working at UOIT as a Junior Graphic Designer.

VANESSA SCHERTZBERG

Business Administration - Operations Management

is living in Wilsonville and is engaged to Clayton Shebec. Vanessa is working as an Office Manager with Walking Floor International/Canada located in Brantford.

In Memoriam

CORY BROWN

Electronics Engineering Technology

2008 graduate who passed away on February 1, 2013.

MARY HYATT

Office Administration - Engineering

1980 graduate who passed away on Tuesday, November 13, 2012 with her family by her side. Donations may be made to Big Brothers & Big Sisters where she volunteered for ten years.

TANYA KARSTULOVICH (FELLOWS)

Office Administration - Executive

2003 graduate who suddenly passed away on December 20, 2012. Tanya was employed with Durham College and UOIT and will be missed by many colleagues. Tanya was married to Adam, also a Durham College alumni.

TERRY CUSACK

Business - Data processing

1984 graduate passed away on March 20, 2013, with his wife Julie and his family by his side. Incredibly loved, adored and cherished by his children A.J, Sarah, Jon, Tyler, Maggie and Troy, his parents, Rose and Maurice, his sisters Lisa and husband Jerome, Michelle and husband Mark, nieces and nephews.

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