



# MENTAL HEALTH REHABILITATION

## DURHAM COLLEGE CERTIFICATE

Revised: 12/13

Mental health rehabilitation is an approach to service delivery that supports the recovery of people with prolonged mental illness. The program attracts people with experience in the field either as a person working towards their own recovery and/or as a provider of mental health services. Develop an understanding of the foundations of mental health rehabilitation, as well as the knowledge and skills related to integrating the approach within practice and programs. The program also provides knowledge and skills to frontline staff and service users of mental health agencies.

### PROGRAM OUTCOMES

Upon successful completion of this program, graduates have reliably demonstrated the following learning outcomes:

- Integrate knowledge of the historical, social, legal, and medical context of mental illness to the management of cases;
- Engage in research and reflective practice in relation to the concepts, theory, and treatment of mental illness;
- Apply knowledge of psychiatric diagnosis and treatment of mental illness to case management;
- Integrate the psychosocial rehabilitation (PSR) model and process to practitioner roles in mental health

### CAREER OPPORTUNITIES

Graduates from the program may find employment as:

- Aboriginal Mental Health Practitioners
- Cultural Counsellors
- Case Manager
- Crisis Counsellor
- Dietitian
- Housing Support Worker
- Mental Health Promotion Worker
- Nurse
- Occupational Therapist
- Peer Support Worker
- Personal Support Worker
- Psychologist
- Psychological Associate
- Psychiatrist
- Psychosocial Rehabilitation Worker
- Social Worker