Endocrine Quiz

1. Which of the following has both endocrine and exocrine functions?

- a. anterior pituitary
- b. thyroid
- c. adrenal medulla
- d. pancreas

2. Which of the following produce antagonistic results?

- a. calcitonin and parathryroid hormone
- b. FSH and LH
- c. ADH and vasopressin
- d. oxytocin and prolactin

3. If you drank a liter of water very quickly, the result would be

- a. increased secretion of oxytocin
- b. decreased secretion of antidiuretic hormone
- c. decreased secretion of oxytocin
- d. increased secretion of antidiuretic hormone

4. How is hormone secretion regulated?

- a. by the nervous system
- b. by other hormones
- c. by changes in blood composition
- d. all of the above

5. Target cells for hypothalamic releasing hormones are in the

- a. thyroid
- b. hypothalamus
- c. anterior pituitary
- d. posterior pituitary

6. The posterior pituitary gland stores and secretes

- a. oxytocin and antidiuretic hormone
- b. human growth hormone and thyroid stimulating hormone
- c. prolactin and follicle stimulating hormone
- d. glucocorticoids and androgens

7. What stimulates the release of PTH from the parathyroid gland?

- a. TSH from the posterior pituitary gland
- b. high levels of calcium in the blood
- c. calcitonin from the anterior pituitary gland
- d. low levels of calcium in the blood

8. When an excess of a hormone is present, the number of target cell receptors may decrease. This change is called

- a. adaptation
- b. down-regulation
- c. up-regulation
- d. accommodation

9. The release of cortisol is stimulated by

- a. aldosterone
- b. angiotensin
- c. antidiuretic hormone (ADH)
- d. adrenocorticotropic hormone (ACTH)

10. Which of the following is NOT a function of insulin?

- a. increased cellular absorption of glucose
- b. production is inhibited by low blood sugar
- c. increased rate of glycogen synthesis
- d. increased breakdown of lipids

11. The anterior pituitary gland

- a. is regulated largely by positive feedback mechanisms and hormones from the pineal gland
- b. contains two cell types and secretes four different hormones
- c. regulates the function of some other endocrine glands by secreting hormones called tropins
- d. all of the above are correct

12. This hormone is primarily responsible for regulating the rate of metabolism.

- a. growth
- b. thyroxine
- c. adrenaline
- d. norepinephrine

13. Surgical removal of the parathyroid glands would interfere with

- a. calcium regulation
- b. glucose metabolism
- c. temperature regulation
- d. production of red blood cells

14. The anterior pituitary gland secretes thyroid stimulating hormone (TSH) which is

- a. regulated by the adrenal glands
- b. actually produced in certain neurons in the hypothalamus
- c. promotes the synthesis and secretion of thyroid hormones
- d. an index of the amount of circulating parathyroid hormone

Answers

- **1.** d
- **2.** a
- **3.** b
- **4.** d
- **5.** c
- **6.** a
- **7.** d
- **8.** b
- **9.** d
- **10.** d
- 11. c
- **12.** b
- **13.** a
- **14.** c